



INTERNATIONAL COLLEGE FOR PERSONAL AND PROFESSIONAL DEVELOPMENT (ICPPD)

Introduction to Holistic Counselling and Psychotherapy

(60 Hours) Online

Academic Year 2026/2027

Module 1:	Personal Development (30 Hours)
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Tutor: Ann Sheeran

Delivery Day/Format: Wednesday: 7.00pm-10.00pm
Saturday: 10.00am-5.00pm

Commencement Date: **Wednesday, 14th October 2026**

Delivery Dates: Wednesdays: 14, 21 and 28 October 2026
04, 11, 18, and 25 November 2026
02, 09 and **16 December 2026**

Assessment Deadline: 16 January 2027

Feedback Date: 13 February 2027

Module 2:	Basic Counselling Skills (15 Hours)
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Tutor: Ciara McGriskin

Delivery Days Wednesday: 7.00pm-10.00pm
Saturday: 10.00am-5.00pm

Commencement Date: **Wednesday, 06th January 2027**

Delivery Dates: Wednesdays: 06, 13 and 20 Jan
Saturday: 23
January 2027

Assessment Deadline: In Class Assessment

Feedback Date: N/A

Each programme is offered on the condition of adequate enrolments and the College reserves the right to cancel or discontinue any programme because of low enrolments or for other reasons deemed sufficient by the College. ICPPD reserves the right to make the necessary changes in this schedule that may be dictated by personnel requirements or availability of facilities.



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Module 3:	Introduction to Theories and Approaches of Counselling (15 Hours)
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Tutor: Miriam Finnerty

Delivery Day/Format: Wednesday: 7.00pm-10.00pm
Saturday: 10.00am-5.00pm

Commencement Date: Wednesday, 03rd February 2027

Delivery Dates: Wednesday: 03, 10 and 17 February 2027
Saturday: 27 February 2027

Assessment Deadline: 27 March 2027

Feedback Date: 27 April 2027

Additional Information: On successful completion of this course, you receive a Certificate of Attendance and/or if you choose to complete and pass the assessment for this course you will receive a Certificate of Completion from ICPPD.

Personal Therapy If any of the content of this programme affects you, please seek support from friends or a professional.

ICPPD Contact Information Tel: 090 6470484

College President: Tom Moran, president@icppd.com

Academic Director: Alan Jordan alanjordan@icppd.com

Registrar: Sharon Behan, sharonbehan@icppd.com

Administration Staff: Lorraine Moran, admin@icppd.com

Administration Staff: Anna Mielewczyk info@icppd.com

College Finance Officer: Nick Linnane, accounts@icppd.com

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