



# INTERNATIONAL COLLEGE FOR PERSONAL AND PROFESSIONAL DEVELOPMENT (ICPPD)

## Introduction to Holistic Counselling and Psychotherapy

(60 Hours) Online

Academic Year 2025/2026

<b>Module 1:</b>	<b>Personal Development (30 Hours)</b>
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**Tutor:** Ann Sheeran

**Delivery Day/Format:** Wednesday: 7.00pm-10.00pm  
Saturday: 10.00am-5.00pm

**Commencement Date:** Wednesday, 04<sup>th</sup> March 2026

**Delivery Dates:** Wednesdays: 04, 11, 18 and 25 March 2026  
01, 08, 15, 22 and 29 April 2026  
06 May 2026

**Assessment Deadline:** 27 May 2026

**Feedback Date:** 24 June 2026

<b>Module 2:</b>	<b>Basic Counselling Skills (15 Hours)</b>
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**Tutor:** Ciara McGriskin

**Delivery Days** Wednesday: 7.00pm-10.00pm  
Saturday: 10.00am-5.00pm

**Commencement Date:** Wednesday, 13<sup>th</sup> May 2026

**Delivery Dates:** Wednesdays: 13, 20 and 27 May 2026  
Saturday:  
30 May 2026

**Assessment Deadline:** In Class Assessment

**Feedback Date:** N/A

*Each programme is offered on the condition of adequate enrolments and the College reserves the right to cancel or discontinue any programme because of low enrolments or for other reasons deemed sufficient by the College. ICPPD reserves the right to make the necessary changes in this schedule that may be dictated by personnel requirements or availability of facilities.*



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<b>Module 3:</b>	<b>Introduction to Theories and Approaches of Counselling (15 Hours)</b>
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**Tutor:** Miriam Finnerty

**Delivery Day/Format:** Wednesday: 7.00pm-10.00pm  
Saturday: 10.00am-5.00pm

**Commencement Date:** Wednesday, 03<sup>rd</sup> June 2026

**Delivery Dates:** Wednesday: 03, 10 and 17 June 2026

Saturday: 20 June 2026

**Assessment Deadline:** 20 July 2026

**Feedback Date:** 20 August 2026

**Additional Information:** On successful completion of this course, you receive a Certificate of Attendance and/or if you choose to complete and pass the assessment for this course you will receive a Certificate of Completion from ICPPD.

**Personal Therapy** If any of the content of this programme affects you, please seek support from friends or a professional.

**ICPPD Contact Information** Tel: 090 6470484

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