



INTERNATIONAL COLLEGE FOR PERSONAL AND PROFESSIONAL DEVELOPMENT (ICPPD)

Introduction to Holistic Counselling and Psychotherapy

(60 Hours) Online

Academic Year 2024/2025

Module 1: Personal Development (30 Hours)

Tutor: Ann Sheeran

Delivery Day/Format: Wednesday: 7.00pm-10.00pm
Saturday: 10.00am-5.00pm

Commencement Date: Wednesday, 12th March 2024

Delivery Dates: Wednesdays: 12, 19 and 26 March 2025
02, 09, 16, 23 and 30 April 2025
07 and 14 May 2025

Assessment Deadline: 14 June 2025

Feedback Date: 14 July 2025

Module 2: Basic Counselling Skills (15 Hours)

Tutor: Ciara McGriskin

Delivery Days Wednesday: 7.00pm-10.00pm
Saturday: 10.00am-5.00pm

Commencement Date: Wednesday, 21st May 2025

Delivery Dates: Wednesdays: 21 and 28 May 2025
04 June 2025

Saturday: 14 June 2025

Assessment Deadline: In Class Assessment

Feedback Date: N/A

Each programme is offered on the condition of adequate enrolments and the College reserves the right to cancel or discontinue any programme because of low enrolments or for other reasons deemed sufficient by the College. ICPPD reserves the right to make the necessary changes in this schedule that may be dictated by personnel requirements or availability of facilities.



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Module 3:	Introduction to Theories and Approaches of Counselling (15 Hours)
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Tutor: Miriam Finnerty

Delivery Day/Format: Wednesday: 7.00pm-10.00pm
Saturday: 10.00am-5.00pm

Commencement Date: Wednesday, 18th June 2025

Delivery Dates: Wednesday: 18 and 25 June 2025
02 July 2025

Saturday: 05 July 2025

Assessment Deadline: 05 August 2025

Feedback Date: 05 September 2025

Additional Information: On successful completion of this course, you receive a Certificate of Attendance and/or if you choose to complete and pass the assessment for this course you will receive a Certificate of Completion from ICPPD.

Personal Therapy If any of the content of this programme affects you, please seek support from friends or a professional.

ICPPD Contact Information Tel: 090 6470484

College President: Tom Moran, president@icppd.com

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