



INTERNATIONAL COLLEGE FOR PERSONAL AND PROFESSIONAL DEVELOPMENT (ICPPD)

Introduction to Holistic Counselling and Psychotherapy

(60 Hours) Online

Academic Year 2024/2025

Module 1: Personal Development (30 Hours)

Tutor: Ann Sheeran

Delivery Day/Format: Wednesday: 7.00pm-10.00pm
Saturday: 10.00am-5.00pm

Commencement Date: Wednesday, 16 October 2024

Delivery Dates: Wednesdays: 16, 23, 30 October 2024
06, 13, 20, 27 November 2024
04, 11, 18 December 2024

Assessment Deadline: 18 January 2025

Feedback Date: 20 February 2025

Module 2: Basic Counselling Skills (15 Hours)

Tutor: Ciara McGriskin

Delivery Days Wednesday: 7.00pm-10.00pm
Saturday: 10.00am-5.00pm

Commencement Date: Wednesday, 08 January 2025

Delivery Dates: Wednesdays: 08, 15 and 22 January 2025
Saturday: 01 February 2025

Assessment Deadline: In Class Assessment

Feedback Date: N/A

Each programme is offered on the condition of adequate enrolments and the College reserves the right to cancel or discontinue any programme because of low enrolments or for other reasons deemed sufficient by the College. ICPPD reserves the right to make the necessary changes in this schedule that may be dictated by personnel requirements or availability of facilities.



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Module 3:	Introduction to Theories and Approaches of Counselling (15 Hours)
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Tutor: Miriam Finnerty

Delivery Day/Format: Wednesday: 7.00pm-10.00pm
Saturday: 10.00am-5.00pm

Commencement Date: 12 February 2025 – 7.00pm to 10.00pm

Delivery Dates: Wednesday: 12, 19 and 26 February 2025
Saturday: 01 March 2024

Assessment Deadline: 01 April 2025

Feedback Date: 01 May 2025

Additional Information: On successful completion of this course, you receive a Certificate of Attendance and/or if you choose to complete and pass the assessment for this course you will receive a Certificate of Completion from ICPPD.

Personal Therapy If any of the content of this programme affects you, please seek support from friends or a professional.

ICPPD Contact Information Tel: 090 6470484

College President: Tom Moran, president@icppd.com

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College Finance Officer: Louise Bryant, accounts@icppd.com

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