



An ICPPD Certificate in Bereavement and Loss – 45 CPD Hours



This programme is of interest to you if you are seeking further information on Loss and Bereavement either as a professional or as someone healing from loss or perhaps you are supporting someone who is grieving.

Course Structure

The following is the course structure for this distance education course.

This ICPPD Certificate course in Bereavement and Loss is divided into six units which consist of approximately 50 pages each. A unit will be sent to you by email or post within two weeks from the date you join the course unless requested otherwise.

The content of this course and units include the following themes –

Unit 1: Introduction and Background to Bereavement and Loss issues

Unit 2: Grief Counselling and Therapy

Unit 3: Phases and Stages of Grief and Mourning

Unit 4: Unexpected Loss and Suicide

Unit 5: Grieving the Loss of a relationship and the re-emergence of the Self

Unit 6: Ritual as a Personal and Professional Resource during times of Transition and Loss.



Each unit comprises reading material, together with a written assignment. The assignments relate directly to the reading material. They will include short factual answers, personal responses to the reading material, personal development exercises, etc.

Your tutor will be available by email to assist you if you have any difficulties – either with the course content or the assignments. The assignments will be graded by your tutor and returned to you within two weeks.

CPD Certificate

This e-course is available on-demand. If you wish to receive a Continuing Professional Development (CPD) Certificate from the International College for Personal and Professional Development (ICPPD) for your portfolio, it is available on completion of the course. Please discuss with your tutor.

- Home study at your own pace. World-wide enrolment.
- Start any time of year

Course Fee: €350.00 (payment plan available – accounts@icppd.com for details)

Testimonials

“Thank you for this programme, it took me longer than I thought to complete this short course. I decided not to rush through and to use it to support my own healing journey through grief. I found the units stimulating, supportive and informative and it made me think about a broader perspective on loss and bereavement.” – Barbara N

From ICPPD Website Blog Post

Thank you to Bernadette M, a learner enrolled on ICPPD’s Bereavement and Loss, Distance Learning Course who gave us permission to share her submission for Task 1:

Task 1: Obtain a course reflective journal. Visit an elder in your family or community and talk with them about their memories and experiences of the religious and cultural customs in their locality on the topic of death and dying. Please write 200 words on the wisdom and knowledge gained and your reaction/response to this experience. [Click here to read the Blog.](#)