## **Introduction to Holistic Counselling and Psychotherapy (60 Hours)**

## Academic Year 2023/2024

Location/Delivery: Online via Zoom

Course Commencement Date: Wednesday, 10th April 2024

Module 1:	Personal Development (30 Hours)	
Tutor:	Ann Sheeran	
Delivery Dates:	Wednesday, 7.00pm-10.00 pm: Wednesday, 7.00pm-10.00 pm: Saturday, 10am – 5pm: Wednesday, 7.00pm-10.00 pm: Wednesday, 7.00pm-10.00 pm: Wednesday, 7.00pm-10.00 pm: Saturday, 10am- 5pm: Wednesday, 7.00pm – 10.00pm	10 April 2024 17 April 2024 20 April 2024 24 April 2024 01 May 2024 08 May 2024 18 May 2024 22 May 2024
Assessment Deadline: Feedback Date:	22 June 2024 20 July 2024	
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Module 2:	Basic Counselling Skills (15 Hours)	
Tutor:	Ciara McGriskin	
Delivery Dates:  Assessment Deadline:	Saturday, 10.00am – 5.00pm: Wednesdays, 7.00pm-10.00pm: Saturday, 10.00am – 5.00pm: In Class Assessment	25 May 2024 29 May 2024 8 June 2024
Feedback Date:	6 July 2024	
Module 3:	Introduction to Theories and Approaches of Counselling (15 Hours)	
Tutor:	Miriam Finnerty	
Delivery Dates:  Assessment Deadline:	Wednesdays, 7.00pm-10.00pm: Wednesdays, 7.00pm-10.00pm: Wednesdays, 7.00pm-10.00pm: Saturday, 10.00am-5.00pm: 20 July 2024	5 June 2024 12 June 2024 19 June 2024 22 June 2024
Feedback Date:	10 August 2024	

Each programme is offered on the condition of adequate enrolments and the College reserves the right to cancel or discontinue any programme because of low enrolments or for other reasons deemed sufficient by the College. ICPPD reserves the right to make the necessary changes in this schedule that may be dictated by personnel requirements or availability of facilities.

**Additional Information:** On successful completion of this course (meeting

attendance requirements and passing assessments) you receive a Certificate - *Introduction to Holistic Counselling* 

and Psychotherapy.

**Personal Therapy** If any of the content of this programme affects you, please

seek support from friends or a professional.

**ICPPD Contact Information** Tel: 090 6470484

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