



INTERNATIONAL COLLEGE FOR PERSONAL AND PROFESSIONAL DEVELOPMENT (ICPPD)

Introduction to Holistic Counselling and Psychotherapy (60 Hours)

Academic Year 2023/2024

Location/Delivery: Online via Zoom

Course Commencement Date: Wednesday, 10th April 2024

Module 1:	Personal Development (30 Hours)	
Tutor:	Ann Sheeran	
Delivery Dates:	Wednesday, 7.00pm-10.00 pm:	10 April 2024
	Wednesday, 7.00pm-10.00 pm:	17 April 2024
	Saturday, 10am – 5pm:	20 April 2024
	Wednesday, 7.00pm-10.00 pm:	24 April 2024
	Saturday, 10am – 5pm:	01 May 2024
	Wednesday, 7.00pm-10.00 pm:	08 May 2024
	Wednesday, 7.00pm-10.00 pm:	18 May 2024
	Saturday, 10am – 5pm:	22 May 2024
	Wednesday, 7.00pm – 10.00pm	
Assessment Deadline:	22 June 2024	
Feedback Date:	20 July 2024	
Module 2:	Basic Counselling Skills (15 Hours)	
Tutor:	Ciara McGriskin	
Delivery Dates:	Saturday, 10.00am – 5.00pm:	25 May 2024
	Wednesdays, 7.00pm-10.00pm:	29 May 2024
	Saturday, 10.00am – 5.00pm:	8 June 2024
Assessment Deadline:	In Class Assessment	
Feedback Date:	6 July 2024	
Module 3:	Introduction to Theories and Approaches of Counselling (15 Hours)	
Tutor:	Miriam Finnerty	
Delivery Dates:	Wednesdays, 7.00pm-10.00pm:	5 June 2024
	Wednesdays, 7.00pm-10.00pm:	12 June 2024
	Wednesdays, 7.00pm-10.00pm:	19 June 2024
	Saturday, 10.00am-5.00pm:	22 June 2024
Assessment Deadline:	20 July 2024	
Feedback Date:	10 August 2024	

Each programme is offered on the condition of adequate enrolments and the College reserves the right to cancel or discontinue any programme because of low enrolments or for other reasons deemed sufficient by the College. ICPPD reserves the right to make the necessary changes in this schedule that may be dictated by personnel requirements or availability of facilities.



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Additional Information: On successful completion of this course (meeting attendance requirements and passing assessments) you receive a Certificate - ***Introduction to Holistic Counselling and Psychotherapy.***

Personal Therapy If any of the content of this programme affects you, please seek support from friends or a professional.

ICPPD Contact Information Tel: 090 6470484

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