



# INTERNATIONAL COLLEGE FOR PERSONAL AND PROFESSIONAL DEVELOPMENT (ICPPD)

## Introduction to Holistic Counselling and Psychotherapy

(60 Hours) Online

Academic Year 2023/2024

<b>Module 1:</b>	<b>Personal Development (30 Hours)</b>
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**Tutor:** TBC

**Delivery Day/Format:** Wednesday: 7.00pm-10.00pm  
Saturday: 10.00am-5.00pm

**Commencement Date:** **Wednesday, 11 October 2023**

**Delivery Dates:** Wednesdays: 11, 18 and 25 October 2023  
01, 08, 15, 22, 29 November 2023  
06 and 13 December 2023

**Assessment Deadline:** 05 January 2024

**Feedback Date:** 26 January 2024

<b>Module 2:</b>	<b>Basic Counselling Skills (15 Hours)</b>
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**Tutor:** Ciara McGriskin

**Delivery Days** Wednesday: 7.00pm-10.00pm  
Saturday: 10.00am-5.00pm

**Commencement Date:** **Wednesday, 10 January 2024**

**Delivery Dates:** Wednesdays: 10, 17 and 24 January 2024  
Saturday: 27 January 2024

**Assessment Deadline:** In Class Assessment

**Feedback Date:** 24 February 2024

*Each programme is offered on the condition of adequate enrolments and the College reserves the right to cancel or discontinue any programme because of low enrolments or for other reasons deemed sufficient by the College. ICPPD reserves the right to make the necessary changes in this schedule that may be dictated by personnel requirements or availability of facilities.*



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<b>Module 3:</b>	<b>Introduction to Theories and Approaches of Counselling (15 Hours)</b>
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**Tutor:** Miriam Finnerty

**Delivery Day/Format:** Wednesday: 7.00pm-10.00pm  
Saturday: 10.00am-5.00pm

**Commencement Date:** 07th February 2024 – 7.00pm to 10.00pm

**Delivery Dates:** Wednesday: 07, 14 and 21 February 2024

Saturday: 24 February 2024

**Assessment Deadline:** 23 March 2024

**Feedback Date:** 20 April 2024

**Additional Information:** On successful completion of this course, you receive a Certificate of Attendance and/or if you choose to complete and pass the assessment for this course you will receive a Certificate of Completion from ICPPD.

**Personal Therapy** If any of the content of this programme affects you, please seek support from friends or a professional.

**ICPPD Contact Information** Tel: 090 6470484

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