



# INTERNATIONAL COLLEGE FOR PERSONAL AND PROFESSIONAL DEVELOPMENT (ICPPD)

## Introduction to Holistic Counselling and Psychotherapy (60 Hours) Summer 2020/2021

**Induction** Monday, 17<sup>th</sup> May 2021, 7.00pm – 9pm on Zoom  
with Programme Leader Paula Short

<b>Module 1:</b>	<b>Personal Development (30 Hours)</b>
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**Tutor:** Paula Short

**Delivery Day/Format:** Wednesday: 7.00pm-10.00pm  
Saturday: 10.00am-5.00pm

**Commencement Date:** **Wednesday 19<sup>th</sup> May 2021 – 7.00pm to 10.00pm**

**Delivery Dates:** Wednesdays: 19<sup>th</sup> and 26<sup>th</sup> May, 2<sup>nd</sup> 9<sup>th</sup> 16<sup>th</sup> and 23<sup>rd</sup> June  
each evening from 7.00pm to 10.00pm

Saturdays: 29<sup>th</sup> May and 26<sup>th</sup> June from  
10.00am-5.00pm

**Assessment Deadline:** 23<sup>rd</sup> July 2021

**Feedback Date:** 20<sup>th</sup> August 2021

<b>Module 2:</b>	<b>Basic Counselling Skills (15 Hours)</b>
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**Tutor:** Ciara McGriskin

**Delivery Days** Wednesday: 7.00pm-10.00pm  
Saturday: 10.00am-5.00pm

**Commencement Date:** **Wednesday 30<sup>th</sup> June 2021 – 7.00pm to 10.00pm**

**Delivery Dates:** 30<sup>th</sup> June, 07<sup>th</sup> and 14<sup>th</sup> July from 7.00pm to 10.00pm and  
Saturday 17<sup>th</sup> July from 10.00am to 5.00pm

**Assessment Deadline:** In Class Assessment

**Feedback Date:** N/A

*Each programme is offered on the condition of adequate enrolments and the College reserves the right to cancel or discontinue any programme because of low enrolments or for other reasons deemed sufficient by the College. ICPPD reserves the right to make the necessary changes in this schedule that may be dictated by personnel requirements or availability of facilities.*



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<b>Module 3:</b>	<b>Introduction to Theories and Approaches of Counselling (15 Hours)</b>
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**Tutor:** Sarah Sutton

**Delivery Day/Format:** Wednesday: 7.00pm-10.00pm  
Saturday: 10.00am-5.00pm

**Commencement Date:** 21<sup>st</sup> July 2021 – 7.00pm to 10.00pm

**Delivery Dates:** Wednesday 21<sup>st</sup> 28<sup>th</sup> July and 4<sup>th</sup> August from 7.00pm – 10.00pm  
and Saturday 7<sup>th</sup> August from 10.00am – 5.00pm

**Assessment Deadline:** 27<sup>th</sup> August 2021

**Feedback Date:** 24<sup>th</sup> September 2021

**Additional Information:** On successful completion of this course, you receive a Certificate of Attendance and/or if you choose to complete and pass the assessment for this course you will receive a Certificate of Completion from ICPPD.

**Personal Therapy** If any of the content of this programme affects you, please seek support from friends or a professional.

**ICPPD Contact Information** Tel: 090 6470484

College President: Tom Moran, [president@icppd.com](mailto:president@icppd.com)

Academic Director: Christine Moran, [academicdirector@icppd.com](mailto:academicdirector@icppd.com)

Academic Registrar: Chris Melican, [registrar@icppd.com](mailto:registrar@icppd.com)

Administration Staff: Lorraine Moran, [admin@icppd.com](mailto:admin@icppd.com)

Administration Staff: Anna Mielewczyk [info@icppd.com](mailto:info@icppd.com)

College Finance Officer: Louise Bryant, [accounts@icppd.com](mailto:accounts@icppd.com)

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