



# INTERNATIONAL COLLEGE FOR PERSONAL AND PROFESSIONAL DEVELOPMENT (ICPPD)

## Introduction to Holistic Counselling and Psychotherapy (60 Hours)

Autumn 2021/2022 Online

**Induction** Friday, 1<sup>st</sup> October 2021, 7.00pm – 9.00 pm on Zoom  
with Programme Leader, Paula Short

<b>Module 1:</b>	<b>Personal Development (30 Hours)</b>
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**Tutor:** Paula Short

**Delivery Day/Format:** Wednesday: 7.00pm-10.00pm  
Online via Zoom

**Commencement Date:** **Wednesday, 06<sup>th</sup> October 2021 – 7.00pm to 10.00pm**

**Delivery Dates:** Wednesdays: 06<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup> October 2021  
03<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> November 2021  
01<sup>st</sup>, 08<sup>th</sup> December 2021  
each evening from 7.00pm to 10.00pm

**Assessment Deadline:** 07<sup>th</sup> January 2022

**Feedback Date:** 04<sup>th</sup> February 2022

<b>Module 2:</b>	<b>Basic Counselling Skills (15 Hours)</b>
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**Tutor:** Ciara McGriskin

**Delivery Days/Format:** Wednesday: 7.00pm-10.00pm  
Saturday: 10.00am-5.00pm  
Online via Zoom

**Commencement Date:** **Wednesday, 05<sup>th</sup> January 2022 – 7.00pm to 10.00pm**

**Delivery Dates:** Wednesdays: 05<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> January 2022  
Saturday: 22<sup>nd</sup> January 2022

**Assessment Deadline:** In Class Assessment

**Feedback Date:** N/A

*Each programme is offered on the condition of adequate enrolments and the College reserves the right to cancel or discontinue any programme because of low enrolments or for other reasons deemed sufficient by the College. ICPPD reserves the right to make the necessary changes in this schedule that may be dictated by personnel requirements or availability of facilities.*



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<b>Module 3:</b>	<b>Introduction to Theories and Approaches of Counselling (15 Hours)</b>
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**Tutor:** Sarah Sutton

**Delivery Day/Format:** Wednesday: 7.00pm-10.00pm  
Saturday: 10.00am-5.00pm  
Online via Zoom

**Commencement Date:** Wednesday, 26<sup>th</sup> January 2022 - 7.00pm to 10.00pm

**Delivery Dates:** Wednesdays: 26<sup>th</sup> January 2022,  
2<sup>nd</sup> and 9<sup>th</sup> February 2022  
Saturday: 12<sup>th</sup> February 2022

**Assessment Deadline:** 11<sup>th</sup> March 2022

**Feedback Date:** 15<sup>th</sup> April 2022

<b>Additional Information:</b>	On successful completion of this programme including assessments, you will receive a Certificate of Completion.
<b>Personal Therapy</b>	If any of the content of this programme affects you, please seek support from friends or a professional.

**ICPPD Contact Information** Tel: 090 6470484

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