



# INTERNATIONAL COLLEGE FOR PERSONAL AND PROFESSIONAL DEVELOPMENT (ICPPD)

## Introduction to Holistic Counselling and Psychotherapy (60 Hours)

Academic Year 2021/2022

**Induction** Monday, 10 January 2022 from 7.00pm to 9.00pm on Zoom with Programme Leader Paula Short

### Module 1: Personal Development (30 Hours)

**Tutor:** Paula Short

**Delivery Day/Format:** Wednesday: 7.00pm-10.00pm  
Saturday: 10.00am-5.00pm

**Commencement Date:** Wednesday 12 January 2022 – 7.00pm to 10.00pm

**Delivery Dates:** Wednesdays: 12, 19, 26 January 2022  
09 and 16 February 2022  
02, 09, 16, 23, 30 March 2022

**Assessment Deadline:** 27 April 2022

**Feedback Date:** 25 May 2022

### Module 2: Basic Counselling Skills (15 Hours)

**Tutor:** Ciara McGriskin

**Delivery Days** Wednesday: 7.00pm-10.00pm  
Saturday: 10.00am-5.00pm

**Commencement Date:** Wednesday 06 April 2022 – 7.00pm to 10.00pm

**Delivery Dates:** Wednesdays: 06, 13 and 20 April 2022  
Saturday: 23 April 2022

**Assessment Deadline:** In Class Assessment

**Feedback Date:** N/A

*Each programme is offered on the condition of adequate enrolments and the College reserves the right to cancel or discontinue any programme because of low enrolments or for other reasons deemed sufficient by the College. ICPPD reserves the right to make the necessary changes in this schedule that may be dictated by personnel requirements or availability of facilities.*



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<b>Module 3:</b>	<b>Introduction to Theories and Approaches of Counselling (15 Hours)</b>
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**Tutor:** Sarah Sutton

**Delivery Day/Format:** Wednesday: 7.00pm-10.00pm  
Saturday: 10.00am-5.00pm

**Commencement Date:** 27 April 2022 – 7.00pm to 10.00pm

**Delivery Dates:** Wednesday: 27 April 2022  
04 and 11 May 2022  
Saturday: 14 May

**Assessment Deadline:** 17 June 2022

**Feedback Date:** 15 July 2022

**Additional Information:** On successful completion of this course, you receive a Certificate of Attendance and/or if you choose to complete and pass the assessment for this course you will receive a Certificate of Completion from ICPPD.

**Personal Therapy** If any of the content of this programme affects you, please seek support from friends or a professional.

**ICPPD Contact Information** Tel: 090 6470484

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